

APPENDIX

Appendix 1: Questionnaire with 18 validated questions distributed in this survey

Questionnaire

Date:

1. Since how many years are you practicing dentistry?
2. Which signs do you check for while assessing the status of the periodontium in your patient?
 - a. Bleeding on probing
 - b. Probing pocket depths
 - c. Mobility
 - d. Furcation involvement
 - e. Mucogingival defects
 - f. Gingival enlargement
 - g. Trauma from occlusion.
3. Do you do full-mouth scaling for patients showing signs of gingival or periodontal diseases?
 Yes No
4. Do you refer your patients to a periodontist/do you have a consultant periodontist visiting your practice?
 Yes No

A. If Yes

How frequently do you call a periodontist for consultation/refer patients to a periodontist for surgical procedures

- a. Once a week
- b. Once a month
- c. Twice a week
- d. Once in six months

B. If No

Please tick any of the following reasons:

- a. Not satisfied with results of periodontal therapy
 - b. Have very few patients of periodontal disease who get motivated for periodontal therapy
 - c. Others.
5. What is your line of treatment for bleeding of gums? (please rank the following according the sequence that you practice)
 - a. Investigate for underlying cause
 - b. Scaling/Root planing
 - c. Refer to a periodontist
 - d. Ask patient to maintain oral hygiene
 - e. Examine further for periodontal pockets
 6. What are the common causes of mobility that you have come across in your practice?
 - a. Loss of attachment
 - b. Trauma from occlusion
 - c. Iatrogenic factors
 - d. Others.
 7. What is your line of treatment for mobility of teeth? (Please tick if applicable)
 - A. Grade I mobility:
 - a. SRP and observe
 - b. Splinting
 - c. RCT and splinting
 - d. Extraction
 - e. Occlusal adjustments
 - f. Refer to periodontist
 - B. Grade II mobility:
 - a. SRP and observe
 - b. Splinting
 - c. RCT and splinting

- d. Extraction
 - e. Occlusal adjustments
 - f. Refer to periodontist
- C. Grade III mobility
- a. SRP and observe
 - b. Splinting
 - c. RCT and splinting
 - d. Extraction
 - e. Occlusal adjustments
 - f. Refer to periodontist
8. What do you use for assessing periodontal pockets?
- a. Straight/conventional probe
 - b. Explorer
 - c. Calibrated probe/color
 - d. None of the above
9. What is your line of treatment for pocket of 5–8 mm? (please rank the following according to the sequence that you practice)
- a. Refer to a periodontist
 - b. SRP and observe
 - c. Reinforce oral hygiene only
 - d. Local drug delivery
 - e. Curettage
 - f. SRP and antibiotics
10. How do you check for furcation involvement of molars?
- a. Probing for vertical and horizontal bone loss
 - b. Gingival recession
 - c. Radiographs
 - d. I do not check
11. Do you consult a periodontist for cases with furcation involvement?
- Yes No
12. If you do not consult a periodontist, what will be your line of treatment for cases with furcation involvement? (please tick if applicable)
- a. SRP
 - b. Extraction
 - c. Restoration
 - d. I do not intervene
13. Do you check for mucogingival defects?
- Yes No
- If Yes then answer the following:
- i. Which mucogingival defects do you check for?
 - a. Gingival recession
 - b. Adequacy of attached gingiva
 - c. Aberrant frenum/frenii
 - d. Interproximal papilla loss
 - ii. Do you call in for a periodontist for any the abovementioned defects?

Yes No
 - iii. If no, then what is your line of treatment?
 - a. Regenerative procedures
 - b. Mucogingival surgeries
 - c. Apically displaced flap
 - d. Frenectomy/frenotomy

14. What is your opinion with regards to success of periodontal therapy?
 - a. Successful
 - b. Not successful
15. Did the need for periodontal retreatment arise in your practice?
 Yes No
16. If yes, then how often have you retreated patients with periodontal diseases after therapy?
 - a. In all cases
 - b. Few cases
 - c. None
17. What do you think are the factors responsible for the recurrence of the periodontal disease after the treatment?
 - a. Patient factors (Lack of maintenance and awareness)
 - b. Operator factors (Inadequate preparation before surgery, lack of skill, and time)
 - c. General dentist factors (Lack of knowledge, skill, chair-side time, motivation, awareness)
18. What is your opinion about the cost-effectiveness of the periodontal treatment
 - a. Beneficial to all concerned
 - b. Too costly for the patients
 - c. Value for money

Signature